

Philmont Scout Ranch

Breakfast Trail Food Menu

M=Meat
D=Dairy
Calories

Breakfast #1 Buffalo Chicken Bites M 140 Amazin Goldens Blue Raspberry Animal Crackers Kodiak Chewy S'Mores Bar D 140 Strawberry Granola Skratch Orange Drink Mix	Breakfast #5 Honey Pepper Turkey Bites M 160 Whole Berry Blast Meal Bar Darlington Granola Bites D 120 Welch's Fruit Gummies Trix Chewy Cereal Bar Skratch Drink Mix Lemons and Limes	Breakfast #9 Pepperoni Bites M 240 Original Instant Oatmeal - Plain Pop Tarts Frosted Strawberry Crunchy Poppers Kashi Chewy Granola Bar Banana Chips Sqwincher Watermelon
Breakfast #2 Original Smoked Hickory M 70 Banana Chips RXBAR Blueberry Protein Eggs 180 Caramel Rice Crisps - Quaker D 100 Chocolate Granola	Breakfast #6 Old #9 Jerky Stick M 70 Amazin Raisin Strawberry Animal Crackers Kodiak Crunchy Chocolate Chip Granola Bar (trace) Cinnamon Granola	Breakfast #10 SBR Sweet N' Spicy Jerky M 90 Bob's Peanut Butter Jelly & Oats Welch's Fruit Gummies Blueberry Oat Snack Bar Cocoa Puffs Cereal Bar
Breakfast #3 Honey Pepper Beef Stick M 30 Instant Oatmeal Maple and Brown Sugar Snickerdoodle Protein Bar D 270 Almond Sweet and Salty Bar D 160 Sour Berries - Cherries and Cranberries Hot Cocoa Mix D 90	Breakfast #7 Sunflower Seed Butter Belvita Blueberry Breakfast Biscuits BBQ Beef Bites M 260 Bob's Peanut Butter Banana & Oats Bar Chocolate Granola Cran Raspberry Drink Mix	
Breakfast #4 SBR Teriyaki Beef Jerky M 90 Field Stone Granola Pop Tarts - Frosted Cinnamon HS Waffle GF Salted Caramel D 130 Tropical Treasure Fruit Blend	Breakfast #8 Bold Teriyaki M 70 Apple Cinnamon Bar Vanilla Waffle (trace) Peanut Butter Cup Protein Bar Tropical Treasure Fruit Blend	

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Lunch Trail Food Menu

M=Meat
D=Dairy
Calories

<u>Lunch #1</u> Saltines Crackers Chunk Chicken M 80 Cheddar Goldfish D 100 Crunchy Peanut Butter Bar Antioxidant Trail Mix Sqwincher Mixed Berry	<u>Lunch #5</u> Chicken In A Biskit Crackers Sweet & Spicy Tuna M 90 Raspberry and Lemon Energy Bar Cheez-its D 210 Sweet & Salty Trail Mix D 280 Fruit Punch Drink Mix	<u>Lunch #9</u> Fire Roasted Tomato Triscuit Crackers Zesty Lemon Pasta and Beans with Tuna M 180 Pink Lemonade Energy Chews Cheez-its D 210 Energyzer Trail Mix D 320 Sqwincher Strawberry Lemonade
<u>Lunch #2</u> Graham Crackers Peanut Butter & Jelly Sweet BBQ Snack Stick M 70 Salted Sunflower Seeds Lemon Lime Drink Mix	<u>Lunch #6</u> Sea Salt Pita Chips D 210 Smoked Gouda Cheese Cup D 140 Strawberry Energy Chews Pepperoni Sticks M 70 Peanut Butter Chocolate Trail Mix Sqwincher Mixed Berry	<u>Lunch #10</u> Club Crackers Pepperjack Cheese Wedges D 100 Beef Salami Slices M 120 Salted Watermelon Energy Chews Cheddar Flavored Corn Fruit Punch Drink Mix
<u>Lunch #3</u> Original Triscuit Crackers Original Cheese Wedges D 100 Caramel Almond & Sea Salt Bar D 170 Spam M 230 Cajun Style Trail Mix D 320 Sqwincher Strawberry Lemonade	<u>Lunch #7</u> Wheat Thins Crackers Chicken Salad M 70 Chocolate Cherry Cashew Energy Bar Cheddar Goldfish D 100 Honey Roasted Sunflower Seeds Lemon Lime Drink Mix	
<u>Lunch #4</u> Gluten Free Crackers Chili Con Queso Cheese Cup D 140 Chocolate Chip Energy Bar Sea Salt Flavored Corn Sweet Annie Brown Jerky M 70 Orange Drink Mix	<u>Lunch #8</u> Ritz Crackers Cheese Sauce D 165 Blueberry Almond Energy Bar Beef Sausage Mini Bites M 150 Hot and Spicy Corn Sqwincher Grape	

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Dinner Trail Food Menu

M=Meat
D=Dairy
Calories

<u>Dinner #1</u> Beef Stroganoff M 560 Goldfish Pretzels D 90 Chocolate Chip Cookies D 220	<u>Dinner #6</u> 3-Cheese Macaroni and Cheese with Maple Bacon Jerky M 290 Goldfish Pretzel D 90 Maple Waffles D 230
<u>Dinner #2</u> Fettuccine Alfredo with Chicken M 590 Cheddar Cheese Combos D 240 Oreos Cookies	<u>Dinner #7</u> Beef Ramen Noodles with Summer Sausage M 370+200 Cheddar Pretzel Pieces D 320 Lorna Doone Cookies
<u>Dinner #3</u> Loaded Chili Mac M 500 Honey Mustard and Onion Pretzel Pieces D 310 Nutter Butters	<u>Dinner #8</u> Spaghetti with Meat Sauce M 500 Pepperoni Pretzel Pieces M 240 Oreos Cookies
<u>Dinner #4</u> Four Cheese Mashed Potatoes D 440 with Chicken & Soup Mix M Marshmallow Squares	<u>Dinner #9</u> Creamy Tomato Pasta with Chicken M 740 Jalapeno Pretzel Pieces Cinnamon Graham Goldfish
<u>Dinner #5</u> Chicken Curry M 500 Cinnamon Graham Goldfish Hot Buffalo Wings Pretzel Pieces	<u>Dinner #10</u> Stuffing Mix with Turkey and Cranberries M 220 Turkey Spam M 80 Chocolate Chip Waffles D 230